



# WEEK OF JULY 11 - 17, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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⑬

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF JULY 11 - 17, 2016

**Friday**

**Saturday**

**Sunday**

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**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF JULY 18 - 24, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF JULY 25 - 31, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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②⑥

②⑦

②⑧

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF JULY 25 - 31, 2016

**Friday**

**Saturday**

**Sunday**

29

30

31

**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF AUGUST 1 - 7, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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②

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF AUGUST 1 - 7, 2016

**Friday**

**Saturday**

**Sunday**

⑤

⑥

⑦

**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF AUGUST 8 - 14, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF AUGUST 15 - 21, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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⑯

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF AUGUST 15 - 21, 2016

**Friday**

**Saturday**

**Sunday**

①9

②0

②1

**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF AUGUST 22 - 28, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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②③

②④

②⑤

School	School	School	School
Personal	Personal	Personal	Personal
One Good Thing	One Good Thing	One Good Thing	One Good Thing
Meal Planning	Meal Planning	Meal Planning	Meal Planning



# WEEK OF AUGUST 29 - SEPTEMBER 4, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

②9

③0

③1

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF AUGUST 29 - SEPTEMBER 4, 2016

**Friday**

**Saturday**

**Sunday**

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③

④

**Notes**

<b>School</b>	<b>School</b>	<b>School</b>	
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	

# WEEK OF SEPTEMBER 5 - 11, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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⑧

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>





# WEEK OF SEPTEMBER 12 - 18, 2016

**Friday**

**Saturday**

**Sunday**

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①⑦

①⑧

**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF SEPTEMBER 19 - 25, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

①9

②0

③1

④2

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF SEPTEMBER 19 - 25, 2016

**Friday**

**Saturday**

**Sunday**

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②④

②⑤

**Notes**

School	School	School	Notes
Personal	Personal	Personal	
One Good Thing	One Good Thing	One Good Thing	
Meal Planning	Meal Planning	Meal Planning	

# WEEK OF SEPTEMBER 26 - OCTOBER 2, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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School	School	School	School
Personal	Personal	Personal	Personal
One Good Thing	One Good Thing	One Good Thing	One Good Thing
Meal Planning	Meal Planning	Meal Planning	Meal Planning



# WEEK OF OCTOBER 3 - 9, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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⑥

School	School	School	School
Personal	Personal	Personal	Personal
One Good Thing	One Good Thing	One Good Thing	One Good Thing
Meal Planning	Meal Planning	Meal Planning	Meal Planning

# WEEK OF OCTOBER 3 - 9, 2016

**Friday**

**Saturday**

**Sunday**

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**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF OCTOBER 10 - 16, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF OCTOBER 17 - 23, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF OCTOBER 17 - 23, 2016

**Friday**

**Saturday**

**Sunday**

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**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**





# WEEK OF OCTOBER 31 – NOVEMBER 6, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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②

③

School	School	School	School
Personal	Personal	Personal	Personal
One Good Thing	One Good Thing	One Good Thing	One Good Thing
Meal Planning	Meal Planning	Meal Planning	Meal Planning

# WEEK OF OCTOBER 31 – NOVEMBER 6, 2016

**Friday**

**Saturday**

**Sunday**

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**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF NOVEMBER 7 - 13, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF NOVEMBER 7 - 13, 2016

**Friday**

**Saturday**

**Sunday**

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**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**



# WEEK OF NOVEMBER 14 - 20, 2016

**Friday**

**Saturday**

**Sunday**

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**Notes**

School	School	School	Notes
Personal	Personal	Personal	
One Good Thing	One Good Thing	One Good Thing	
Meal Planning	Meal Planning	Meal Planning	





# WEEK OF NOVEMBER 28 - DECEMBER 4, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF DECEMBER 5 - 11, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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⑥

⑦

⑧

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF DECEMBER 12 - 18, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF DECEMBER 19 - 25, 2016

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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③1

④2

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF DECEMBER 26, 2016 - JANUARY 1, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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②⑧

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School	School	School	School
Personal	Personal	Personal	Personal
One Good Thing	One Good Thing	One Good Thing	One Good Thing
Meal Planning	Meal Planning	Meal Planning	Meal Planning

# WEEK OF DECEMBER 26, 2016 - JANUARY 1, 2017

**Friday**

**Saturday**

**Sunday**

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**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF JANUARY 2 - 8, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF JANUARY 9 - 15, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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School	School	School	School
Personal	Personal	Personal	Personal
One Good Thing	One Good Thing	One Good Thing	One Good Thing
Meal Planning	Meal Planning	Meal Planning	Meal Planning

# WEEK OF JANUARY 9 - 15, 2017

**Friday**

**Saturday**

**Sunday**

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**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF JANUARY 16 - 22, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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①⑧

①⑨

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF JANUARY 23 - 29, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF JANUARY 23 - 29, 2017

**Friday**

**Saturday**

**Sunday**

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**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF JANUARY 30 - FEBRUARY 5, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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School	School	School	School
Personal	Personal	Personal	Personal
One Good Thing	One Good Thing	One Good Thing	One Good Thing
Meal Planning	Meal Planning	Meal Planning	Meal Planning



# WEEK OF FEBRUARY 6 - 12, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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⑧

⑨

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF FEBRUARY 6 - 12, 2017

**Friday**

**Saturday**

**Sunday**

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**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF FEBRUARY 13 - 19, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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⑭

⑮

⑯

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF FEBRUARY 13 - 19, 2017

**Friday**

**Saturday**

**Sunday**

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**Notes**

School	School	School	Notes
Personal	Personal	Personal	
One Good Thing	One Good Thing	One Good Thing	
Meal Planning	Meal Planning	Meal Planning	

# WEEK OF FEBRUARY 20 - 26, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>





# WEEK OF FEBRUARY 27 - MARCH 5, 2017

**Friday**

**Saturday**

**Sunday**

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**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF MARCH 6 - 12, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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⑧

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF MARCH 6 - 12, 2017

**Friday**

**Saturday**

**Sunday**

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**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF MARCH 13 - 19, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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⑭

⑮

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF MARCH 20 - 26, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF MARCH 20 - 26, 2017

**Friday**

**Saturday**

**Sunday**

②④

②⑤

②⑥

**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF MARCH 27 - APRIL 2, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

②⑦

②⑧

②⑨

③⑩

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF APRIL 3 - 9, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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④

⑤

⑥

School	School	School	School
Personal	Personal	Personal	Personal
One Good Thing	One Good Thing	One Good Thing	One Good Thing
Meal Planning	Meal Planning	Meal Planning	Meal Planning



# WEEK OF APRIL 10 - 16, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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⑪

⑫

⑬

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>







# WEEK OF APRIL 24 - 30, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

②④

②⑤

②⑥

②⑦

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF APRIL 24 - 30, 2017

**Friday**

**Saturday**

**Sunday**

②⑧

②⑨

③⑩

**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF MAY 1 - 7, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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②

③

④

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF MAY 8 - 14, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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⑨

⑩

⑪

School	School	School	School
Personal	Personal	Personal	Personal
One Good Thing	One Good Thing	One Good Thing	One Good Thing
Meal Planning	Meal Planning	Meal Planning	Meal Planning

# WEEK OF MAY 8 - 14, 2017

**Friday**

**Saturday**

**Sunday**

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⑭

**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF MAY 15 - 21, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF MAY 15 - 21, 2017

**Friday**

**Saturday**

**Sunday**

①9

②0

③1

**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF MAY 22 - 28, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

②②

②③

②④

②⑤

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF MAY 22 - 28, 2017

**Friday**

**Saturday**

**Sunday**

②⑥

②⑦

②⑧

**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF MAY 29 - JUNE 4, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

②<sup>9</sup>

③<sup>0</sup>

③<sup>1</sup>

①

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF MAY 29 - JUNE 4, 2017

**Friday**

**Saturday**

**Sunday**

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③

④

**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF JUNE 5 - 11, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

⑤

⑥

⑦

⑧

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF JUNE 5 - 11, 2017

**Friday**

**Saturday**

**Sunday**

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**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**

# WEEK OF JUNE 12 - 18, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

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⑬

⑭

⑮

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>



# WEEK OF JUNE 19 - 25, 2017

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

①9

②0

③1

④2

<b>School</b>	<b>School</b>	<b>School</b>	<b>School</b>
<b>Personal</b>	<b>Personal</b>	<b>Personal</b>	<b>Personal</b>
<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>	<b>One Good Thing</b>
<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>	<b>Meal Planning</b>

# WEEK OF JUNE 19 - 25, 2017

**Friday**

**Saturday**

**Sunday**

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②④

②⑤

**Notes**

**School**

**School**

**School**

**Personal**

**Personal**

**Personal**

**One Good Thing**

**One Good Thing**

**One Good Thing**

**Meal Planning**

**Meal Planning**

**Meal Planning**